



Reiki

# Toronto Usui Reiki Group

**REGISTRATION PACKAGE  
REIKI LEVEL 1 & 2**

**FALL 2022**

**Ellen Rose & John Crundall  
CERTIFIED REIKI MASTERS**

*from the Usui Reiki Centre  
in Melbourne, Australia*





# What is Reiki?

## **Reiki means Universal Life Energy.**

In these turbulent times when your world calls for more... unfold the treasure of Reiki. Reiki brings together the body, mind and spirit in one amazing journey. Simple, powerful, and healing. It is a modality for the 21st century.

Many cultures dating back to ancient times have had the wisdom and the knowledge that an unseen energy flows through all living things, and is directly related to the quality of health in life.

Reiki allows anyone to connect with this unlimited energy and transmit it through the hands, to themselves and others, creating the space for improved health and enhanced quality of life.

Reiki is easy to learn and is simple, effective and safe.

## Your Teachers

### **JOHN CRUNDALL**

John began teaching in 1991, in partnership with his beloved wife and spiritual teacher—Denise Crundall. Denise and John established the Usui Reiki Centre in Melbourne, Australia, a healing Centre which is run entirely by volunteers and funded by donations. Together, they have inspired people around the world, teaching in Australia, USA, Canada, Germany, Russia, Thailand and Austria.

After Denise's death in 2002, John continues this work and teaches worldwide. Together with Reiki Master Ellen Rose, they faithfully follow the pattern of Reiki teaching brought to Australia by Beth Gray in 1983, and enriched with Denise's understanding, in classes that are dynamic, fun and full of healing, joy and self discovery.

### **ELLEN ROSE**

Co-founder of the Toronto Usui Reiki Centre in 1995, Ellen moved to Australia to apprentice with Denise & John. After Denise's passing in 2002, Ellen and John began teaching together.

Ellen is a dynamic teacher, healer and dream weaver, working with the magic of joy, movement and tradition, to teach Reiki in the Usui, Hayashi, Takata, and Denise's Lineage.

Her breadth of knowledge and engaging humour, will lead you through the understanding of the "how come?" of illness; an overview of the metaphysical causation and language of the body, along with its connection and relationship with Spirit.

This journey comes home with an understanding of Reiki, and where it fits with the world of healing.



# Reiki 1 & 2 Classes

Reiki addresses body, mind and spirit accelerating your natural ability to heal yourself. Dr. Usui rediscovered Reiki and created a simple set of procedures to follow, which were passed down through this lineage.

*Reiki is experienced through the hands as a subtle yet powerful flow of healing energy. It is a hands-on experience which is spiritual in nature and therefore cannot be directed or manipulated in any way. Reiki by-passes the symptom and goes to the cause of the problem to create a space for healing.*

*Let us guide you on your healing journey—physically, mentally, emotionally and spiritually—and let us teach you the power of Reiki and the impact it can have in your life, and the life of others.*

## **LEVEL 1 (17 hours of Teachings & 4 Fine Tunings)**

A powerful weekend to empower your self discovery through your journey of healing. You will learn metaphysical causation and the understanding of how illness works in our lives. By the end of the weekend, you will be able to Reiki yourself and another.

## **LEVEL 2 (17 hours & 2 Fine Tunings) - Prerequisite: Reiki 1**

When your heart calls out for more, Reiki II will give you the ability to connect with the genius part of you to empower your journey, and write absent healings on self or another. This technique is unique to this lineage, and gives word to the Reiki frequency which brings both understanding and healing to your world.

## Questions?

We understand that new ideas spark questions, and we're here to help you find the answers. If you have further questions about Reiki, the Toronto Usui Reiki Group, or the Reiki classes and Retreats, please contact us directly and we'll be happy to help.

### **SAVY Reiki Class Facilitator**

Phone: 705-717-9329

Email: [mail4savy@gmail.com](mailto:mail4savy@gmail.com)

### **DARLENE Retreat & Toronto Workshop Facilitator**

Phone: 416-226-5483

Email: [darlene@usuireikitoronto.com](mailto:darlene@usuireikitoronto.com)

Reiki classes, workshops, meditation and Retreats are also available to expand your ability to heal.

**We invite you to become a part of this amazing journey, and let the healing begin!**



# Our Reiki Lineage

**Lineage is akin to a family; a family of gifted and visionary beings who have a dream, a dream of a future for us & mankind.**

These advanced souls have seen and planned for a future we are just beginning to glimpse; a future of community, of healing and Oneness, a multi-dimensional reality.

Dr. Usui was a genius; he glimpsed a future dream that would see a deceptively simple healing modality spread its magical ways around the world.

And so, just as with a family, in a moment of crisis or in a moment of profound and overwhelming love, you may reach up your hand and take the hand of the lineage you have chosen to remember. This lineage is bound by its nature to respond to your call.

**We are proud of our Lineage and we call upon it often. We trust you will take advantage of the close proximity to our founders that is offered to you by the Usui Reiki Group.**



**Dr Mikao Usui**  
(1865-1926)



**Dr. Chujiro Hayashi**  
(1880-1940)



**Hawayo Takata**  
(1900-1980)



**Beth Gray**  
(1918-2008)



**Denise Crundall**  
(1946-2002)  
&  
**John Crundall**  
(1945- )



**Ellen Jane Rose**  
(1962- )

# Registration

Register online **here** or complete the registration form below and e-mail to mail4savy@gmail.com

## PRICING

### Reiki Level I - \$350.00

Friday Sept 16th      *registration* 6:30pm  
                                 *class* 7:00pm - 10:30pm  
Saturday Sept 17th    10:00am - 6:00pm  
Sunday Sept 18th      Noon - 6:00pm

### Reiki Level II - \$650.00

Sunday Sept 18th      *registration* 6:30pm  
                                 *class* 7:00pm - 11:00pm  
Monday Sept 19th      5:30-11:00pm  
Tuesday Sept 20th      5:30-11:00pm

## LOCATION

Classes will be held in the Burton Avenue area of Barrie, ON; exact address to be sent upon registration.

## PAYMENT METHODS

Preferred payment method is by e-transfer, and may be sent to: mail4savy@gmail.com

If paying by cheque, please make cheques payable to Savy Kalivoda, and include your completed registration form section, seen below.

**Please note: All deposits are non-refundable, but can be applied to the next class, if requested.**

## Additional Information:

### LEVEL I:

Light snacks provided; option to bring food for yourself, or for a shared potluck-style lunch.

### LEVEL II:

Light snacks provided. Group potluck lunch shared and enjoyed together, both days.

Notebook, folder and pen will be provided for you to take notes and document your experience.

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Name: \_\_\_\_\_  
(as you would like it to appear on your certificate)

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City/ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Enroll Me For Reiki Level I      \_\_\_ Deposit \$150.00      \_\_\_ Full Payment \$350.00

Enroll Me For Reiki Level II      \_\_\_ Deposit \$200.00      \_\_\_ Full Payment \$650.00

PAYMENT METHOD:      \_\_\_ Check      \_\_\_ E-Transfer





We hope you'll join us!

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Toronto Usui Reiki Group